JARA
EST BEACH RESORT 2019

Terrace Menu

LUNCH & DINNER

favourites served at your chosen time, location and preferred spice level

MAINS

CHEF'S SPECIAL (changes daily)

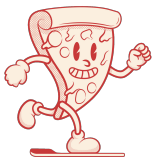
Spaghetti Aglio E Olio w/ Shrimp or Chicken
topped with Parmesan cheese

Fish and Chips
Battered or Grilled fish served with slaw

Roasted Veggie Salad Ⓥ

Chef's Salad Ⓥ

Jara Special Chicken and Jollof
'extra' crispy chicken and smokey rice



12" Pizzas
Pepperoni
Shrimp
Chicken Suya

the following, served with your choice of yam fries, french fries or side salad
Mark's Smash Beef Burger

Chicken Shawarma

Grilled Peri Peri Chicken

CURRY Corner

Lamb Rogan Josh Curry
or
Veg Jalfrezi Curry Ⓥ
with steamed Bastmati rice

NAIJA SPECIALS

Jara Seafood Okro

Abula - Ewedu and Gbegiri

Efo Riro

Banga Soup w/ Starch

DINNER STARTERS

Chef's Soup of the Day

Prawn Tempura

Firecracker Chicken Wings

DINNER DESSERTS

Seasonal Fresh Fruits

a Trio of Cakes
Red Velvet, Carrot and Choc Brownie

Ice-Cream
Vanilla or Strawberry

Please note some of our dishes may contain traces of nuts. For guests with a special dietary requirement or allergies who may wish to know more about the food ingredients used, please a member of a food and beverage team. In serious cases, the chef is of course on hand to discuss with you. Vegetarian dishes highted with a Ⓥ